

WEEKEND WORKSHOP SCHEDULE

2018 Belly Dance Masters

August 2-5

THURSDAY - August 2, 2018
4:00 p.m. Registration and Vending Open

5:00 p.m. until 10:00 p.m. Stellar Pro Challenge and the 2017 Opening Showcase

FRIDAY - August 3, 2018
7:45 am Registration Opens

8:00am - 8:45am
Debbie Ashton
Belly Dance Masters
Welcome Warm Up

9:00a. - 5:00pm
Vendors and Services OPEN TO THE PUBLIC
If you are coming in to shop, to get fabulous photos with CARRIE MEYER or to come in for show tickets or just a class or two or the shows and such, our registration desk will validate your parking!

9:00am -11:00pm
OPTIONS:
Karen Barbee
Roadmap to Improvisation
"I want to wait until I know more steps" said the dancer asked to improvise – and into the trap she fell!!!

Successful, musically relevant improvisation is based on a COMPLETELY different skill set than the one needed to execute a choreography or even a dance combination. Collecting steps can't help you if you don't also work to develop your indexing and accessing mechanism. So how do dancers who have trained in the traditional "choreography-based, recorded-and-perfectly-engineered music" system make the shift?

In this class, you will learn tools for indexing and accessing what you already know, practice techniques for quickly linking movement to sound and vice versa, explore how to allow your current movement to inspire subsequent movements, and perfect remedies for the inevitable misplaced steps.

Even if you never plan to improvise, this class will give you an amazing jump on choreography!

Mia Sha'uri
Flights of Fancy

"Air props" are some of the most beautiful and ethereal elements ever used in Belly Dance. After decades of watching their development on stage, join Mia as she creates challenging combinations in a variety of styles using veil and fan veils interchangeably. Expect a great diversity of music as well as dance stylization that runs the gamut from Oriental to Fusion and from Fierce to Sublime. Bring both a veil and at least one fan veil. All levels welcome, but basic knowledge of both props is strongly recommended.

11:30am – 1:30pm

OPTIONS:

**Karen Barbee, Michael Ibrahim and Miguel Crespo
Improvisation Test Drive**

In this class THE MUSIC will be the instructor as we navigate the land of live music and allow it to reveal to us how skillfully we are able to traverse the terrain without preplanning!

With an opportunity to delve deeper into the details of the sound by speaking with musicians, we will gain a better understanding of the basis for their choices, guide our listening techniques to take in the sometimes-subtle cues that can make a huge difference for us, and develop overall strategies for staying connected to the music.

Karin Jensen

"Maya"

*** Video * Workshop * Choreography * Performance.**

Rehearsals: TBA

Envision yourself in a forest under the light of the full moon. Dance with your sisters, cast a spell, raise some energy, whisper to your ancestors. Karin has created a new work called "Maya: the world of illusion and creation". I am looking for thirteen dancers to perform.

Dancers will be expected to learn the basic choreography from the video clips. At the workshop, Karin will put everything together with you. The structure, counts and events that occur within the dance have all been plotted.

The workshop participants will create several transitions. Six dancers will be selected to create perform some partner work. Together, Karin and the dancers will create a choreography that will be performed at Belly Dance Masters on Saturday night. The dance is to the song "Dunanwi" by Drumspyder.

Music has been edited by Richard Atkinson. Music will be sent to all workshop participants. Dancers, please familiarize yourself with the structure of the music.

Costumes: Dancers who perform - Please bring a costume. We will send out pictures for inspiration along with the music to those who enroll.

LUCKILY, Diva Dreads will be with us if you want some great new hair for your performance! We also have Ena doing nails and plain and glitter henna along with several other costumers and other enablers!

1:30pm – 2:30pm

Lunch / Shopping

2:30pm – 4:30pm

OPTIONS:

Jillina

Drum Solo LIVE with Miguel Crespo

Powerful & Percussive! This drum solo will explore intricate hip technique, various types of shimmies as well as challenge you on isolation technique. Learn how to control your body and translate the music through your moves.

Silvia Salamanca

NEW SPANISH GYPSY COMBOS:

From the slow and intense to the fast and furious!

In this workshop, suitable for all levels, we will start breaking down the elements of the Zambra Mora (Spanish gypsy dance). We will do an extensive study of arm and hand work with dramatic postures and gestures to build up the slow combinations included. Then get ready to speed-up with passion: working with fast steps and turns, and including skirt work, we will learn how to be precise and infuse emotion to the Spanish gypsy fast steps! Bring a skirt, and be ready to feel proud, joyful and fiery!! Ole!

7:30 –

**Friday Night Gala Show
Oceans Ballroom**

SATURDAY – August 4, 2018

7:45am

Registration Opens

Oceans Ballroom

8:00am – 8:45am

Debbie Ashton

Feldenkrais Warm Up

9:00 am until 5:00 p.m.

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9:00am – 11:00am

OPTIONS:

Jillina

A Day in the Life of Belly Dance Evolution - PART ONE

Bellydance Evolution is groundbreaking production, known for it's theatrical staging, dynamic choreography, and artistic mix of different dance genres. Combining Middle Eastern and world fusion dances, along with contemporary ballet and theatrical storytelling.

In this workshop we will explore intricate floor patterns and the dynamics

of working in formations, as well as tips and tricks for directing with time for Q and A. You will receive videos with "BDE" combinations to study ahead of time. Experience the same rewards and challenges of our cast and artist development members, in this intensive.

Silvia Salamanca

All about layers: who knew your body could do that?

Get ready to spice your dance with the universe of layers! We will break down different approaches to master layers and then we will learn those jaw-dropping combinations that use all the different parts of the body in mesmerizing ways.

11:30am – 1:30pm

OPTIONS:

Jillina

A Day in the Life of Belly Dance Evolution PART TWO

Bellydance Evolution is ground breaking production, known for its theatrical staging, dynamic choreography, and artistic mix of different dance genres. Combining Middle Eastern and world fusion dances, along with contemporary ballet and theatrical storytelling.

In this workshop we will explore intricate floor patterns and the dynamics of working in formations, as well as tips and tricks for directing with time for Q and A.

You will receive videos with "BDE" combinations to study ahead of time. Experience the same rewards and challenges of our cast and artist development members, in this intensive at 2018 Belly Dance Masters.

Silvia Salamanca

Filling Your Stage: Modern Dance Techniques to Creatively Embrace Your Space (all levels)

It has been said that traditional bellydance can be performed on a stage the size of a postage stamp. Gone are those days! In this workshop, you will learn some useful Modern Dance techniques to utilize any dance space, no matter what it's size. Spinning, jumping, and gliding movements will be experimented with and experienced. The class will culminate with a few beautiful combinations to get you flowing through space.

1:30pm – 2:30p.m.

Lunch / Shopping

2:30pm – 4:30p.m.

OPTIONS:

Karen Barbee and Michael Ibrahim with Miguel Crespo

Structure in Arab Music and Informed Movement Choices

There are patterns. There is structure. It is discernible. This is true even in the longest rendition of an Oum Kalthoum song or a 15 minute taksim.

Let Michael Ibrahim, the director of the National Arab Orchestra, explain how to strip a complex piece of music down to its smallest elements, understand the piece in its simplest form, and then rebuild it with better

understanding and appreciation of all that made it appear complex in the first place!

Karen will be there to deconstruct and rebuild matching movement to instill the concept at a kinesthetic level.

Shoshannah Estell
“It’s Sho Time!”

Special Bonus Class (\$)
4:50 p.m. – 6:20 p.m.

Arielle

Fierce Factor – Wings of Fire

It's time to say goodbye to the same old isis wing movements with this innovative and fiery choreography being taught by Arielle. You will be embodying the rising phoenix, full of ferocity and energy. This fierce, bird-themed choreography will push the limits of your creativity and have you whipping around those wings like never before!

Minimum 8, Maximum 21

7:45pm until

Saturday Night Spectacular Show

Oceans Ballroom

SUNDAY –

August 5, 2018

7:45am

Registration open

8:00am - 8:45am

Warm Up

KARIN JENSEN of MANDALA DANCEWORKS

Let's Roll!

Stretch Technique Utilizing Small Balls

When we attend Belly Dance Masters....We learn lots of cool new stuff. We dance a ton. And, chances are, we will get very stiff & sore. Let's work on a technique to keep that discomfort under control. Use this technique to stretch before or after class or performance.

Chase out lactic acid and knots.

And yes, you can even do some of this in a car or on a plane.

We will be working with two small balls, to stretch, work out knots, flood the body with oxygen and push out lactic acid.

My students tell me this technique is a life saver!

What you need to bring:

2 Balls (required): Pick size and firmness.

No smaller than golf balls, but no larger than soft balls.

Some Suggestions: Message Balls, T-balls, Tennis Balls, Lacrosse Balls. The balls must be the same size.

Suggested:

Notebook and Pen
Comfy Clothes
Water

9:00am - 4:00pm

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9:00am - 11:00am

OPTIONS:

Karen Barbee and Michael Ibrahim
Exercises in Choreographer/Conductor Collaboration and Conflict Resolution.

This is the ultimate game of “Do you see what I hear?”

In this class, we will work with music by the National Arab Orchestra – approx. 30 musicians strong – and create “choreography snippets” based on what we feel should be emphasized, de-emphasized, layered, etc. based on the many instruments, emotions, and textures that we hear. Karen will teach the snippets and allow groups to tweak as they wish.

We will then work with Michael to pull the snippets closer into line with what HE believes to be worthy of emphasis/de-emphasis, etc. as we discuss the reasons behind each of the choices.

NOTE: No way is better than another here!!! This is strictly to stretch our listening ability, our musical understanding, and our methods for creating choreography.

Luna Poumian
Dancing Your Heart Out

Emotions and physical strength go hand in hand when you are developing theatrical, emotion or even personal pieces. Stage presence, audience engagement, and not “losing your sh*t” while performing are the things we have to keep in check when we choose to perform these kinds of pieces. In this workshop, you will be driven out of your comfort zone with a lot of improvisation, talking through your body, and finding words to dance and project through your performance. Luna believes that fear is definitely a great start in developing a masterpiece. She will share her piece named "STRONG" and will help to further along your process of adopting, controlling and projecting the right feelings and emotions while dancing.

11:30am – 1:30pm

OPTIONS:

Jillina
Arabic Pop

Dance to the hottest new music! Lots of innovative steps and floor patterns. An upbeat blend of lyrical and sharp moves to take your dance to the next level. Rich with character and expression.

Karin Jensen
Partnering “Mandala Style”

In this workshop, dancers will explore the possibilities their choreography can reach by introducing partner work. We will start on the floor exploring options from a safe space. Have fun, play and laugh a little. Lift and leverage using your strengths. Let improvisational play inspire your choreography by creating breathtaking shapes that will confound your logical mind.

Class will include instructions for movement invention that are appropriate for dancers of all levels. Add that extra bit of drama to your duet or group piece by exploring the unexpected. We will go over principles of safety in lifting. Karin will walk you through the mechanics of several lifts.

More than 40 years ago, I began incorporating lifts into my choreography. Over the years, I have refined this technique to allow the strengths, limitations and flexibility of my dancers to dictate how the lift would work. In other words: I would find what I was looking for as a choreographer, meanwhile making sure my dancers were safe and looked good. Let's have some fun!

Knee-pads (highly recommended)
Pen and Paper (recommended)
Comfortable clothes for movement
Phone (record yourself being fabulous)
Water

1:30pm - 2:30pm

Lunch / Shopping

2:30pm – 4:30pm

OPTIONS:

Arielle
Street Shaabi Choreography

Belly Dance Masters is bringing the Cairo street party scene to Orlando! Learn a humorous and playful street shaabi choreography with movements from hip hop, raqs sharqi, Egyptian folklore, and more. Leave your shyness at the door and come enjoy mahraganat music and dance for 2 hours where no rules are the rule! Anything goes, so get ready to get down like never before!

Mia Sha'uri
Molten Elegance

As a great lover of strong, yet subtle, emoting on stage, Mia is excited to share fantastic and unique framing ideas that will transform the way you look at transitions and pauses in your dance. Arm carriage and negative space are just a few details that will be used to build unique combinations (with some decadent undulations) which will result in versatile and useful pieces to drop into both improvisational performances and choreography. Promise, these'll be morsels to die for!